Elementary School Prices

BREAKFAST

\$1.00

\$1.20



Regular: **Reduced:**

Milk/Juice:

LUNCH

\$2.85 \$3.00

\$.50

Lunch Charges Prohibited

Fairfield City Schools prohibits students or staff from charging meals. Students who have insufficient funds to purchase a school lunch will be provided with an alternative meal approved by the USDA. A charge of \$1.00 (.40 cents for student approved for reduced meals), will be placed on t heir account. We strong encourage all parents to take full advantage of our online payment system SPS EZPay which can be found at www.fairfieldcityschools.com then click on the SPS EZPay Icon.

Breakfast Menu

An assortment of whole grain, low-fat cereals, other whole grain rich on-the-go items, hot breakfast entrees, fruit, juices, and fat-free or low-fat milk.

* This institution is an equal opportunity employer.





At Lunch: Choose at least ONE serving of FRUIT or VEGETABLE and at least THREE meal components*.

*Meal components include Grain, Protein, Fruit, Vegetable, and Milk (one of the components selected must be either a fruit or vegetable. All Grain items served are whole grain rich, containing at least 51% whole grains.

This menu has been planned to meet the requirements of the HealthierUS School Challenge. Fairfield City Schools will serve meals that reflect good menu planning principles, such as serving a variety of healthier foods that look good, taste good, and appeal to the cultural sensitivities of the school community populations. All Meals are planned to emphasize fruits, vegetables, whole grain, and fat-free or low fat milk and milk products; to include lean meats, poultry, beans, eggs, and nuts; and to be low in saturated fats, vtrans fats, cholesterol, salt (sodium), and added sugars.

August 2018					September 2018							October 2018						November 2018								
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26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	3
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December 2018				January 2019						February 2019					March 2019											
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16	17	18	19	20	21	22	20	21	22	23	24	25	26	17	18	19	20	21	22	23	17	18	19	20	21	2
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28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29						
														30												

ROMAINE SALAD

CARROTEENES

SIDE KICKS FROZEN

FRUIT CUP

FAT FREE OR

LOW FAT MILK

POTATO ROUNDS

CARROTEENES

FRESH FRUIT

FAT FREE OR

LOW FAT MILK

22 23 24 29 30

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21 22 23 28 29 30

FRIDAY

PANCAKE WRAPPED SAUSAGE HASH BROWN **CARROTEENES** CHOICE OF FRUIT FAT FREE OR LOW FAT MILK

CHEESY BREADSTICKS MARINARA SAUCE FRESH BROCCOLI W/ RANCH DIP CARROTEENES SIDE KICKS FROZEN FRUIT CUP FAT FREE OR LOW FAT MILK

CINNAMON FRENCH

TOAST **YOGURT** HASH BROWN CUBES

CARROTEENES CHOICE OF FRUIT FAT FREE OR

LOW FAT MILK

SEAFOOD DAY

MAC N CHEESE PEAS &

CARROTS MEDLEY

CARROTEENES

CHOICE OF FRUIT

FAT FREE OR

LOW FAT MILK

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		L	unch Meni.	J
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	HAMBURGER/ CHEESEBURGER FRENCH FRIES CARROTEENES CHOICE OF FRUIT FAT FREE OR LOW FAT MILK	CHICKEN NUGGETS BAKED BEANS DINNER ROLL CARROTEENES CHOICE OF FRUIT FAT FREE OR LOW FAT MILK	MAMA ROSA PIZZA CELERY STICKS W/ RANCH DIP CARROTEENES FRESH FRUIT FAT FREE OR LOW FAT MILK	ITALIAN SPAGHETTI W/ CHEESE GARLIC BREADSTICK ROMAINE SALAD CARROTEENES CHOICE OF FRUIT FAT FREE OR LOW FAT MILK
	HOT DOG BAKED BEANS CARROTEENES CHOICE OF FRUIT FAT FREE OR LOW FAT MILK	CHICKEN PATTY SANDWICH GREEN BEANS CARROTEENES CHOICE OF FRUIT FAT FREE OR LOW FAT MILK	MINI PANCAKES SAUSAGE PATTY OR LINK SEASONED POTATO WEDGES CARROTEENES CHOICE OF FRUIT FAT FREE OR LOW FAT MILK	TACO THURSDAY CORN CARROTEENES FRESH FRUIT FAT FREE OR LOW FAT MILK
	CORN DOGS BAKED BEANS CARROTEENES CHOICE OF FRUIT FAT FREE OR LOW FAT MILK	CHICKEN TENDERS/ DRUMSTICK AU GRATIN POTATOES DINNER ROLL CARROTEENES CHOICE OF FRUIT FAT FREE OR LOW FAT MILK	SPECIALTY PIZZA CELERY STICKS W/ RANCH DIP CARROTEENES CHOICE OF FRUIT FAT FREE OR LOW FAT MILK	3-WAY CHILI SPAGHETTI ROMAINE SALAD CARROTEENES FRESH FRUIT FAT FREE OR LOW FAT MILK
200	HOT DOG OR CONEY DOG	POPCORN CHICKEN MASHED POTATO	BIG DADDY PIZZA CELERY STICKS W/ RANCH DIP	SCRAMBLED EGGS PANCAKE W/ SYRUP

DINNER ROLL

CARROTEENES

CHOICE OF FRUIT

FAT FREE OR

LOW FAT MILK

BAKED BEANS

CARROTEENES

CHOICE OF FRUIT

FAT FREE OR

LOW FAT MILK